



COMMUNITY CONNECTIONS

SUMMER 2012

Youth Leaving Care Hearings Our Voice, Our Turn

ADVOCATING FOR FUTURE KIDS IN CARE

By Wendy Hayes

When I was thirteen, I came into care with my little sister. I remember the first night being particularly upsetting. After a year, my little sister got adopted, and I was told that I might not be able to see her again.

Lucky for me though, the family that adopted her wanted to get to know me despite the 12 year age gap between my sister and me. Later I learned that it had always been something in their heart, they would do whatever they could to keep siblings together. I have been with them since my sixteenth birthday (I am now 20). I have my sister, I have a home, and I have a family, and I won't be dropped at the age of 21 like many youth in care.

I hope everyone who reads (this report) will ask themselves what they can do for the province's children.

I always enjoy advocating for Durham CAS, attending bursary dinners and golf tournaments because I believe that they do a great job. Through my involvement though I have learned, not all youth in care are as privileged as I am to find an unconditional family.

When I heard about the *Youth Leaving Care Hearings*, I jumped at the opportunity to hear from other youth about the challenges they face in the system and the suggestions they have to make the experience better. It was truly a unique opportunity, as something like this had never been done before in Canada.

Being a part of this project, attending the hearings and developing the report was a life changing experience. I have met so many strong and wonderful people along the way. I really believe in the honest desire for change so that the system can better service young people. It's not about blaming anyone for things going wrong, but about putting youth in the centre and learning firsthand how they perceive things and how it affects them.

The 'My REAL Life Book' report has been called "groundbreaking" and "insightful." It is unlike any other report as it came directly from the youth, it's not about stats or money – it's about experience. I hope everyone who reads it -- and I mean everyone from government, to service providers, to the general public -- will ask themselves what they can do for the province's children. Their children.



It has been an honour to be involved in the start of this movement, and I am more than happy to pass the torch to the youth after me as I phase out of the Youth Lead position on the very day that I write this.

So thank you to my family. Thank you to my sister. Thank you to everyone at Durham CAS who has helped me get to where I am today. And a special thank-you to Irwin Elman, the Provincial Advocate for keeping youth of the province at the centre of his heart, and giving me the wonderful opportunity to help pave a better road for those who come after.

A WORKER'S REFLECTIONS ON THE YOUTH HEARINGS

Several Durham CAS staff members, including our Independent Transitions Worker, Jacqueline Garrett, attended at least some of the *Youth Leaving Care Hearings*.

Indeed Jacqueline commented that even the Minister of Child and Youth Services, Eric Hoskins was obviously moved as he listened to the children and youth speak about their lived experiences.

The youth were so clear and passionate about wanting to be treated like one of the family; they want to be included, loved and supported. They want to be treated like a true family member... including the good and the bad times. The youth also want a choice, they want to be involved in the planning for their own lives. They want to be respected and heard.

They want us to do more than put a roof over their heads, they want us to be there for their graduation, dance recitals and sporting events. *They want a family.*

"We need to find ways to be more empathetic and supportive in how we work with children and youth;



we need to embrace these kids – *our kids*," says Jacqueline. "Hearing about their lived experiences has changed how I work with my youth. They've made me want to do better, to be more flexible, caring and considerate."

If everyone is truly listening, these youth might just change the entire system.



Jacqueline was always very passionate when she spoke about her job – particularly when she talked about "her kids." And while one might have thought she couldn't get any more excited, listening to the youth at the hearings seems to have driven Jacqueline to advocate even more strongly for Ontario's Crown Wards.

Many people commented that in their presentations the youth demonstrated how strong, professional and resilient they truly are. Watching the hearings had a huge impact on everyone, observing that it was very powerful to watch the youth advocate for themselves and be so passionate in advocating for change within child welfare.

Hear it from youth directly

On September 17, we are proud to be hosting a panel of youth who participated in the Youth Leaving Care Hearings and contributed to the report 'My REAL Life Book.'

The youth will be sharing their perspective on the issues addressed in the report and their experience in working with the Ontario government to implement the recommendations.

The event will be open to all CAS staff, foster and kin parents, volunteers and board members, and to our community partners who provide support to the children and youth served by CAS.

To learn more, contact Jacqueline Garrett or Maureen Kavanagh at the Durham CAS office.



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VISION
BUILDING HOPE AND OPPORTUNITIES WITH
CHILDREN, YOUTH AND FAMILIES.

MISSION
WORKING WITH FAMILIES AND THE COMMUNITY TO KEEP
CHILDREN AND YOUTH SAFE FROM HARM AND CREATE
STABILITY AND PERMANENCE IN THEIR LIVES.

Youth Leaving Care Hearings

IN THEIR OWN WORDS

In November 2011, approximately 200 children and youth from across the province spoke about their experiences as Crown Wards in Ontario, at the *Youth Leaving Care Hearings* at Queen's Park. The presentations included a wide range of experiences and have been compiled in a report, 'My REAL Life Book' that was presented to the Ontario Legislature in May.

The hearings were organized and hosted by youth, working in partnership with the *Provincial Advocate for Children and Youth*. The presentations addressed issues faced by many of the 8,300 children and youth who are Crown Wards in Ontario, 380 of whom are in the care of Durham CAS.

Crown Wards are children and youth who have been permanently removed from their families and homes. They live in foster homes, group homes, transitional housing or are in judicial custody. When these young people reach the age of 18 and leave care (or "age out") the support they receive from CAS ends.

They are expected to become self-reliant at an age when most young people are still supported by family, but many have not developed the skills needed to live independently. Some limited support is provided to those who stay in school until age 21, but at that point all government support is withdrawn. Many are left with no place to call home and no one to turn to for help.

These hearings provided an opportunity to youth in care (and formerly in care) to speak about their experiences and share their ideas for improving the system.

After the hearings, the youth team consolidated the submissions into 'My REAL Life Book.' This report provides deeply personal insights in the words of youth themselves and is a compelling call for fundamental change to the child welfare system.

The report identifies six key themes and provides a series of goals that address the care of children and youth from the initial contact with CAS throughout their journey to the moment they leave care.

One message that was loud and clear in all of the submissions was that children and youth feel vulnerable and isolated, but they want to feel protected, heard, respected and supported.

One key recommendation is that the Province of Ontario should recognize that the current system needs to fundamentally change to better prepare youth in care to succeed. The youth want the government to work with young people and other stakeholders to complete an action plan by November 2012.

Some recommendations could be implemented fairly quickly:

- raise the age for Extended Care and Maintenance (support for those who stay in school) from 21 to the age of 25
- allow youth to stay in foster care and group home care until they are prepared for independence
- declare a 'Children and Youth in Care Day' to raise awareness and reduce stigma surrounding the system and focus on the changes needed



The first concrete step resulting from the recommendations was the establishment of a group to develop an action plan for change. The group will consist of current and former Crown Wards, and adults from various ministries and community sectors.

This working group will develop a plan to address changes in the child welfare system to create better outcomes for youth leaving care.

A lot of hard work and dedication went into this report by many people, and we look forward to working with the youth and the government to realize the vision of the youth as outlined in 'My REAL Life Book.'

For more information on the Youth Leaving Care Hearings, connect with the youth who created this project through social media:

- [facebook.com/ourvoiceourturn](https://www.facebook.com/ourvoiceourturn)
- [#myreallifebook](https://twitter.com/ourvoiceourturn)
- [youtube.com/provincialadvocate](https://www.youtube.com/provincialadvocate)

My REAL Life Book, is available at www.provincialadvocate.on.ca

SUPPORTING YOUTH MAKES CENTS

Durham CAS has long supported the work of the Ontario Association of Children's Aid Societies and YouthCAN, who have been advocating for extending supports for youth. As the 'parent' for the youth in our care, we must provide the financial, educational and emotional support they need to belong, to finish their education, secure gainful employment and become successful adults.

Earlier this year the Provincial Advocate for Children and Youth released the report, '25 is the new 21: The Costs and Benefits of Providing Extended Care & Maintenance to Ontario Youth in Care until age 25.' We welcome this new report which provides a cost-benefit analysis of providing support to youth in care until age 25.

While the Ontario government has enhanced post-secondary programs for youth in care, changes are needed that increase the age of protection, that allow youth to stay at home until they finish school and that provide additional support to help them be successful adults.

This cost-benefit analysis demonstrates not only the importance of these changes, but also that it makes financial sense. Investment now will benefit youth *and* will save money in the long run. We look forward to working with youth, community partners and the Ontario government to improve the outcomes for the youth we serve.



Findings of the report include:

- For every \$1 spent on ECM until age 25, \$1.36 will be saved through lower costs associated with incarceration and social assistance, and an increase in tax revenue
- Youth in care take longer to reach developmental milestones than their peers due to increased chances of repeating a grade, multiple placements and lack of family support structure
- The loss of financial, emotional, and housing supports at 21 impedes the pursuit of education and decreases chances of economic success
- Youth leaving care are more likely to be involved with the criminal justice system
- Youth in care are at risk of being homeless for longer, and also become homeless at a younger age (43% of homeless youth report having child welfare involvement)
- Female youth in care are also at risk of pregnancy, which can perpetuate the cycle of care

Recommendations:

1. Increase the age of support to age 25
2. Extended eligibility for ECM
3. Increase the ECM amount
4. Extended foster care rates to families of youth aging out of care
5. Develop a comprehensive tracking system to understand the outcomes of youth leaving care
6. Develop legislative and inter-ministerial committees to address the issues of youth in care

Read the full report at provincialadvocate.on.ca

SERVICES TO MEET THE NEEDS

One of our priorities is advocating for the best services possible for children, youth and families in Durham Region. As such we continue to encourage the Ontario government to implement a new equitable funding framework that is responsive to the needs of the local population and funds historical deficits.

The current framework unfairly distributes funding based on sometimes arbitrary criteria, resulting in some Societies, including Durham, carrying a historical deficit. We have increased our focus on family-based care, which has reduced costs and provided quality care for the children and youth we serve. However, while we have achieved a balanced budget, we are still carrying a \$3.3 million historical deficit, presenting significant challenges.

In the spring, the *Commission on the Reform of Ontario's Public Services* released a report addressing spending in all sectors of Ontario's public services. The report, *Public Services for Ontarians: A Path to Sustainability and Excellence* (also known as "The Drummond Report") recommends strengthening links between the child welfare sector and other sectors, such as education and employment services. We support such reforms, which would provide more efficient and integrated services that are more responsive to the needs of children, youth and families.

Provincially, there are several issues that have been identified as priorities. We request that in addition to reforming the funding framework, the Ontario Government enacts the following:

Support youth to age 25 (see page 4).

Raise the age of protection to 18 years

CASs are mandated to protect children up to their 16th birthday, despite other laws (including provincial, federal and international laws) that set 18 as the age of adulthood. This would also bring Ontario legislation into compliance with the UN Convention on the Rights of the Child.

Take action for Aboriginal children, families and communities

Take steps to realize the commitment to give Aboriginal authority over child welfare to Aboriginal communities, including supporting culturally appropriate programs.

Help make permanent families a reality for all children

Continue to invest in specialized programs, subsidies and post-adoption support that enable families to provide permanent homes for children.

Support families at risk, keeping children safe

Increase funding flexibility and ensure resources to fulfill legislated protection and prevention mandates.

We also encourage the government to ensure that other critical services are sustained.



Wanda Secord and MPP Tracy MacCharles

Drug abuse, poverty, mental health and partner violence are major drivers of the need for child protection services. It is absolutely essential that investment in these services be sustained. Without these supports, more children are at risk, more families experience unmanageable stress and the demand for child welfare services increases.

We recently met with Tracy MacCharles, MPP for Pickering-Scarborough East and Parliamentary Assistant to the *Minister of Children and Youth Services* and discussed these and other issues affecting the services we provide.

We also presented to the Durham Region Health and Social Services Committee and Regional Council. In addition we are preparing, along with our CAS colleagues across Ontario for our annual visit to Queen's Park to meet with elected government officials and staff.

We enjoy a cooperative relationship with our local government representatives. We look forward to continuing these relationships to ensure we meet the needs of children, youth and families.



Presentation to Regional Council

LIFE LESSONS FROM OUR YOUTH

Recently Durham CAS Executive Director, Wanda Secord had the honour of presenting an award to local student, Stephen Hickey as a part of the Art & Essay Contest presented by Intercultural Dialogue Institute Toronto and the Durham District School Board. Stephen is a student at Grove School and is in the care of CAS. His essay "The Art of Living Together" placed third in the essay category.

The awards were presented in May, with an audience of distinguished guests who gathered to celebrate the success of all of the award recipients. This is Stephen's essay.

THE ART OF LIVING TOGETHER

By Stephen Hickey

The coolest part of living together in care is that you get to meet new people, and you can build very good life-long relationships. However, these relationships may become such that you like or dislike another person. In time, any relationship undergoes change. The point is, relationships can be smooth or rough at times, and even dangerous. Therefore, you should always be very careful of what you say or do, but recognize that relationships are very emotional and fulfilling priorities in your life. In a group home they are especially challenging.

When you go to a new group or foster home, for the first time, it is important to remember that they don't know you. From others' perspectives, they see a strange person coming into their home and may be thinking that you could pose a threat to them. In time, you may want to 'make friends' with the other residents. Sometimes when meeting people for the first time you may feel too scared to try and interact with them because it's a new home and you're pretty nervous about meeting all of these new people in one place. The art of living together in this situation would suggest that you need to be careful to make a good first impression when meeting people.

Watching your words, actions and choices that you make are important. Poor choices can cause negative reactions and consequences that can vary in intensity from silly to serious.



Living in a group home requires some special skills. The art of living together in this situation is that you have to be able to manage yourself before you can encourage others to do likewise. Talking and trusting others is tough because you may think others are out to hurt you emotionally and/or physically.

What you don't know in a group home living situation is, however, that you could end up living in a group home for a while and you will need friendships. Violence, moving away, dealing with your earlier problematic or abusive life experience or not knowing how to handle relationships – these all take time to process and heal from.

Getting angry at others or others getting angry at you does happen everywhere, not just in group homes. Loneliness, hurtful talk and racist acts or comments about your family could very well cause you to hate others. Every time you try to interact with others, you may be ignored. Peers may ignore you – just so they can 'show off' their 'coolness' to their friends. Many youth will try to play 'monkey see, monkey do' with friends as well. So if you think living with a family is difficult, try living in a youth group home!

The way you dress, smell, talk, or practice your religion may get others angry or yourself angry. At times, you might try and fight or do whatever it takes to 'shut others up'! Many times, you may want to just keep 'your distance' from peers so no more 'drama' happens.

THE ART OF LIVING TOGETHER ...CONT'D

One thing you should know about living with peers in a group home is that no matter what you say or do people will eventually 'get under your skin' and annoy you. Sometimes you might want to defend your feelings and start to 'diss' others. In these circumstances, one needs to trust their beliefs as they will give you will-power to be nice and to help you control yourself. Violence will not solve conflict but sometimes you may feel violent. To be a better person you have to walk away from the conflict and remain apart from the issue for some time until it is cleared up or for you to calm down. If you are living in a group home, you can ask staff if you can go for a walk and 'take space' appropriately.

Another thing to know is that if you live on your own you will have to make responsible and mature decisions. This includes taking responsibility for your hygiene, self care and taking care of your family obligations, like wishing them happy birthday. As well, one must learn to cook for oneself, schedule your own appointments and buy 'stuff' with your own money – and to do so cautiously – so that you know what is affordable. You need to understand that if you are good at taking care of yourself, then you will be good at taking care of others.

Dealing with negative peer pressure, such as the encouragement to smoke pot or go out and get drunk, or putting up with the bullying from others makes one super angry and frustrated. There are times you may want to move to a different home somewhere far away from the place you currently live.

However, a new home might also be unpleasant. At times you may want to move back with your parents or foster parents but this is not an option. Other times you may long to be eighteen so that you can live on your own.

Living on your own will also require talent on your part: you will have to juggle paying monthly bills like rent, utilities and phone or TV charges. To do this you must ensure you complete your education, train in a career and earn a salary. To do this successfully, you need to exercise the art of living together as a post-secondary student and employee. Voting for a government, participating in a community and being a good neighbour means you need to exercise the art of living together as a community member. All these roles take time to learn.

All in all, I have to say that living together with others is hard. Living with others artfully means living creatively, thoughtfully and to be prepared for problem solving. The reward of living happily is worth it because your life will be easier and more enjoyable – which to make happen everyday – now that is an art!

If you are good at taking care of yourself, then you will be good at taking care of others.



Wanda Secord and Stephen Hickey

OUR COMMITMENT TO OUR DIVERSE COMMUNITY



Aboriginal Services

We are proud that in keeping with our commitment to providing the best services possible, we have launched a new Aboriginal Services program. We now have a dedicated Metis Family Services Worker and First Nations lawyer who work directly with our Aboriginal population.

The program ensures that our services respect our Aboriginal community's culture, traditions and needs. We participate in the Aboriginal Advisory Circle for Durham Region, work closely with the Mississauga of Scugog Island First Nations, and participate in functions throughout the Region.

We are also committed to continually learning and improving our services to reflect the needs of our Aboriginal community. One part of this was a Summer Solstice celebration in recognition of National Aboriginal Day in June.



We were very fortunate to have Morningstar River, featuring Eddy Robinson as our special guest. Morningstar River presented an afternoon of music, history and culture that was both extremely entertaining and educational for our staff, foster and kin families, volunteers, children and youth.

Live Proud

We are committed to serving and supporting all residents of Durham Region. This includes creating a safe, respectful and informed environment for the children, youth and families we serve; our staff; volunteers; foster, kin and adoptive families; and service partners from the LGBTQ community.

We pledge to ensure that LGBTQ children, youth and parents are treated with respect and are served according to their self-identified sexual orientation, gender identity and preferred gender expression. We also strive to be a leader in child welfare in developing related policies, practices, guidelines and training.

As part of this commitment we continue to expand our efforts both within our agency and the community.

This year our Live Proud committee hosted and participated in several events in celebration of Durham Pride Week.

We hosted an on-site event both to celebrate and inform. We participated in the Durham Pride Festival, and we had a great time again in the ever-growing, second annual Durham Pride Parade.



PURPLE RIBBON TWENTY YEARS OLD

Child Abuse Prevention Month is a campaign held every October to inform the public about everyone's role in preventing child abuse.

2012 is a particularly significant year for Durham CAS; it was twenty years ago that one of our staff members proposed using a purple ribbon to symbolize the campaign. The first purple ribbons were distributed throughout Durham in October 1992, and over the years, the purple ribbon has been adopted by organizations across Canada. The ribbons help us raise awareness about the issue of child abuse and the need for everyone to play a part in protecting our community's children.

Get involved... help us distribute ribbons and information to raise awareness.

Sue Sims, our Volunteer Coordinator at the time was the staff member who proposed the ribbon. Sue has since retired from Durham CAS, but upon reflection she says, "It's difficult to believe that twenty years has passed since I suggested the purple ribbon. It has certainly come a long way from how it started in just the Oshawa area."

We partner with agencies across Ontario to raise awareness about the need for everyone to get involved in preventing and reporting child abuse. Locally, we work with the Durham Regional Police Services, the Durham District School Board and other community organizations and service providers.

Our community partners are crucial in helping us identify children who may have been abused or neglected as they are often the ones who make the initial contact with children who need help.

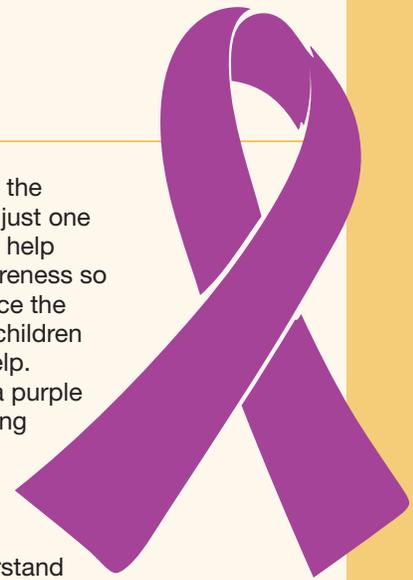
Reports to CAS can come from anyone including those who work with children, such as teachers and other service providers, neighbours, family members, or individuals themselves, who are reaching out for help.

Everyone has a role to play, and we encourage you to learn how to identify and report abuse.

We also encourage everyone to learn about preventing abuse, including understanding children's developmental milestones; practicing positive discipline; understanding the complex physical, mental and emotional needs of children; and learning about the many community supports that are available for when one does need some help in dealing with a challenging situation.

Joining us in the campaign is just one way you can help us raise awareness so we can reduce the numbers of children who need help. By wearing a purple ribbon, sharing information with the community, and helping others understand the issue everyone has a role to play in this important campaign.

To get involved, contact Andrea Maenza at andrea.maenza@durhamcas.ca



"A couple of years ago, I was at a restaurant and the waitress was wearing a purple ribbon. She saw I was wearing one too, and we began to talk about it.

She told me that when she was in her teens, she was in the care of a CAS because her mother had drug and alcohol problems, and was neglecting her children. After a year or so her mother made some positive changes and she returned home.

The waitress went on to tell me that whenever people ask why she is wearing the ribbon, she tells them that the Children's Aid made such a difference in her life and how proud she is of her mother of coming so far."

- Sue Sims



7TH ANNUAL FORE THE FUTURE GOLF TOURNAMENT

Beautiful sunshine and warm weather made our early morning start enjoyable and set the stage for a fantastic day.

With the help of our community supporters and sponsors, we raised over \$71,000 at this year's tournament, allowing the Foundation to offer 35 youth financial assistance to attend the college, university or trade program of their choice.

That's a total of 203 bursaries since our first year when we awarded one DCAF post-secondary bursary.

Thank you to all the golfers, guests, sponsors and volunteers who make this day an annual success. Special thanks go to Scholarship Sponsor **Scotiabank**, Apprentice Sponsors **Morneau Shepell** and **Genworth Financial**, and our Print Sponsor **Warren's Printing Place Inc.**



We're looking forward to seeing everyone out again at our 8th Annual "Fore the Future" Charity Golf Classic, June 18, 2013.

CALL FOR BOARD MEMBERS

The Durham Children's Aid Foundation is inviting applications for the 2012 – 2013 Board of Trustees.

We are seeking people who are committed to building a foundation for Durham's most vulnerable children by bringing people and financial resources together to improve the quality of life for children and youth, and to help them reach their full potential.

If you are interested, please forward your resume to foundation@durhamcas.ca.

Gift Cards are always a welcome gift.

The DCAF Loyalty Card Program allows you to purchase gift cards for family and friends from stores and restaurants including East Side Marios, Esso, Loblaws, Chapters, American Eagle, Subway, with a portion supporting the Foundation.

Please visit our website for information and order forms.

THANK YOU!

We'd like to thank these local businesses for their ongoing support of our Post-Secondary Bursary and Holiday Hope programs.

The Carberry Soap Co. prides itself in providing premium quality soaps and bath products -- all with phenomenal scents, unique shapes and natural ingredients. www.carberrysoap.com



The Candy Cause, 44 Bond Street North, Oshawa, sells candy and chocolates to satisfy your sweet cravings, and features an entire wall of popcorn with an amazing range of flavours. www.thecandyc ause.com





THIRD PARTY SPECIAL EVENTS



RBC Corporate Golf Tournament

Congratulations to the organizers of the 2nd Annual RBC Corporate Golf Tournament for raising \$35,000 for **Camps for Kids**. Their support helps to provide wonderful, lasting summer memories for children served by Durham CAS. Over the years we have sent over a thousand children to summer camp thanks to the support of RBC and donors like you.

Help Me Rhonda Interiors Garden Party

We are very grateful to Ms. Rhonda Holloway of **Help Me Rhonda Interiors** for recently opening her gardens and home, to host a Garden Party in support of **Camps for Kids**, raising over \$2,500. It was a lovely day in a beautiful setting, and we appreciate the support of Rhonda and Miriam and their guests and supporters.

Photo courtesy of SNAP Whitby



Sharon's Kids Donation

Congratulations to Sharon's Kids for raising \$3,800 for Camps for Kids. Thanks to Sharon's Kids supporters Parkwood Rotary, GM Employees, GM Retirees, and a special donation by Mr. Rick Hendrick, ten kids will share in summertime camp experiences and make some memories that will last a lifetime.

Plant Communication Manager, Jennifer Wright (left), presenting Sharon Clark with the cheque for \$1,000 from Rick Hendrick



CHRISTMAS IN JULY CHARITY BIKE RIDE

The bad weather didn't stop the Aces and Eights riding club from revving their engines for their 2nd Annual Christmas in July Charity Bike Ride, supporting the Durham CAS **Holiday Hope Program**. Last year's ride raised over \$1,500 in cash and gifts for local Durham Region children and youth. Thanks to Ken and Shannon of the Aces and Eights for once again organizing such a popular event.





UPCOMING EVENTS

Frontline Fall Charity Golf Classic Friday, September 7, 2012

Durham CAS staff members are practicing their golf swings in preparation for the **4th Annual Frontline Fall Charity Golf Classic** at Kedron Dells Golf Club in Oshawa on September 7th.

The Frontline Classic is organized by the employees of the Durham Children's Aid Society and has netted more than \$7,500 for **Camps for Kids**.

Through the generosity of golfers and sponsors, this event has sent 40 children and youth to summer camp.

For more information and registration contact:
clem.nabigon@durhamcas.ca or
craig.hindle@durhamcas.ca.



Scotiabank Toronto Waterfront Marathon Sunday, October 14, 2012

Durham Children's Aid Foundation is partnering once again with the Children's Aid Foundation in Toronto and surrounding regions to participate in the 2012 **Scotiabank Waterfront Marathon**.

Grab your shoes and water bottles and join Team Durham Sunday, October 14 by entering the marathon, half marathon, or 5 km walk or run.

Visit our website for registration and more information. Over the past three years, members of Team Durham have raised over \$12,000 for the Durham Children's Aid Foundation. We are hoping to make this year bigger and better.

Please visit www.durhamcaf.ca for information on the Durham Children's Aid Foundation events.



Thank you for your support!

Mr. Mrs. Ms. Dr. Other: _____

First name: _____ Last name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Email: _____

Please accept my donation of \$ _____

Cheque or money order payable to Durham Children's Aid Foundation

Please charge the above amount to my credit card. (please complete credit card information below)

Credit Card information: Visa  MasterCard 

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Card Number: _____ Expiry Date: _____

Signature: _____

Income Tax Receipts issued for donations of \$25.00 & above.



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